



Stafford  
DINER



*Please enjoy your experience at Stafford Diner  
offering casual global cuisine with a relaxed atmosphere.  
Serving breakfast, lunch, dinner, late night supper, dessert and coffee.  
We strive for the best possible food and service.  
We are committed to quality, value and your complete satisfaction.*

*We use all Natural Chicken, Prime Beef and Fresh Fish delivered daily.  
All our desserts and pastries are baked on premises with only the finest ingredients.  
Please let your server know if you have any food allergies,  
not all ingredients are listed on the menu.*

Not responsible for lost or stolen articles.  
We reserve the right to refuse service to anyone.  
Prices subject to change without notice.  
All substitutions charged a la carte.

We accept all major credit cards.

**Thank You for Your Patronage!**

**1388 ROUTE 72 WEST (Corner of Mermaid)**

**MANAHAWKIN, NJ 08050**

**(609) 978-9897**

**FAX: (609) 978-5194**

# Things to Share

## **HUMONGOUS NACHOS 8.25**

Crisp tortilla chips covered with melted cheeses, chili, jalapeños, guacamole, salsa and sour cream

## **SUPER SAMPLER 10.45**

Chicken fingers, fried mozzarella sticks, Buffalo chicken wings, cheddar poppers & loaded potato skins

## **TRIO SAMPLER 9.25**

Two stuffed mushrooms, two stuffed shrimp, & two stuffed clams

# Appetizers

## **CHICKEN WINGS 7.25**

Hot or mild Buffalo sauce or barbecue sauce

## **CHICKEN TENDERS 5.95**

Crispy golden brown fried chicken strips with honey mustard

## **MOZZARELLA STICKS 6.25**

Crisp and golden brown with marinara sauce

## **FRIED CALAMARI 5.95**

Served with marinara sauce

## **CLAMS CASINO 5.25**

With bacon and bread crumbs

## **LOADED POTATO SKINS 5.95**

Cheddar cheese, crispy bacon and sour cream

## **LOADED BAKED POTATO 4.95**

Crisp bacon & melted cheddar with sour cream on the side

## **ASIAN VEGETARIAN SPRING ROLLS 7.95**

All of the Asian flavors in a crispy spring roll, served with teriyaki dipping sauce

## **PHILLY CHEESESTEAK SPRING ROLLS 7.95**

All the flavors of Philly cheese steak in a crisp spring roll served with cheddar cheese sauce

## **CREAMY SPINACH & ARTICHOKE DIP 7.95**

Served with tortilla chips

## **BUFFALO FRIED SHRIMP 7.95**

Shrimp that is deep fried and tossed in a Buffalo sauce, served with bleu cheese dressing and celery sticks

## **FRIED CRAB CAKES 9.25**

Two large crab cakes, served with tartar or cocktail sauce

## **MUSSELS MARINARA 6.25**

Sautéed with fresh garlic, chopped tomato, white wine, basil and red pepper flakes

## **NAKED CHICKEN TENDERS 5.95**

Grilled chicken tenders tossed in choice of classic Buffalo or barbecue sauce

## **CRISPY ONION RINGS 3.95**

Served with ranch dressing

## **GARLIC SHRIMP 7.95**

Spanish style, served on toasted French bread

## **CHEDDAR POPPERS 6.25**

Served with raspberry vinaigrette on the side

## **JUMBO GULF SHRIMP COCKTAIL 8.95**

Served with cocktail sauce

# Fries

## **FRENCH FRIES 3.50**

## **SWEET POTATO FRIES 4.25**

## **DISCO FRIES 4.50**

Your choice of American, cheddar or mozzarella cheese topped with brown gravy

## **PIZZA FRIES 4.50**

Mozzarella cheese topped with tomato sauce

## **CHILI FRIES 5.25**

Homemade chili with melted cheese, diced onions, jalapeños & a side of sour cream

## **LOADED FRIES 5.25**

Crispy bacon, melted cheese & sour cream

# Chili & Soup

## **SOUP OF THE DAY Cup 2.25 • Bowl 2.75**

Made fresh daily from scratch

## **CROCK of FRENCH ONION 3.95**

## **TEXAS CHILI 5.95**

Made with ground chuck beef, served with diced onions, melted cheese & side of sour cream

# Soup & Appetizer Size Salad Combo

## **SOUP & TOSSED SALAD 4.50**

## **SOUP & GREEK SALAD 6.25**

## **1/2 DELI SANDWICH & SOUP or TOSSED SALAD 6.95**

## **1/2 DELI SANDWICH & FRENCH ONION SOUP or GREEK SALAD 7.95**

# Sides

## **BAKED POTATO 2.95**

## **MASHED POTATO 2.75**

## **RICE PILAF 2.75**

## **BROWN RICE 2.95**

## **CREAMY COLE SLAW 2.25**

Made fresh daily

## **SAUTEED SPINACH 3.95**

## **BLACK BEANS 2.95**

## **VEGETABLE of the DAY 2.25**

## **HOME FRIES 2.75**

## **FRUIT CUP 3.95**

## **COTTAGE CHEESE 2.25**

## **FETA CHEESE 3.50**

## **POTATO SALAD 2.25**

## **STUFFED GRAPE LEAVES (4) 2.95**

# Appetizer Salads

## **TOSSED GREEN SALAD 2.75**

Chopped lettuce, tomato, red onion, red shredded cabbage, cucumber, shredded carrots

## **CAESAR SALAD 2.95**

Romaine lettuce hearts tossed in a creamy Caesar dressing with croutons & sprinkled with Parmesan cheese

## **GREEK SALAD 4.45**

Iceberg lettuce, tomato, feta cheese, cucumber, red onions, black olives in our house Greek dressing

# Large Salads

## **KRIS'S SPECIAL SALAD 7.45**

A delicious blend of field greens, walnuts and crumbled bleu cheese, served with choice of dressing

## **KAT'S SPECIAL SALAD 6.25**

Chopped iceberg lettuce, tomato, red onion, shredded carrots, cucumbers, croutons & sliced egg with choice of dressing

## **CAESAR SALAD 6.75**

Chopped romaine lettuce hearts tossed in creamy Caesar dressing with croutons and Parmesan cheese

## **GREEK SALAD 8.75**

Your choice of romaine or iceberg lettuce with feta cheese, tomato, cucumbers, red onion and black olives in our own Greek dressing (anchovies upon request)

## **STEAK HOUSE SALAD 11.95**

Chopped lettuce, diced tomatoes, bacon, crumbled bleu cheese, onions and sliced steak, with choice of dressing

## **HONEY FRIED CHICKEN SALAD 9.95**

Chopped lettuce, diced tomatoes, bacon, shredded jack & cheddar cheese with lightly fried chicken tenders served with honey dijon dressing on the side

## **CALIFORNIA SALAD 9.95**

Mixed field greens, sliced turkey, diced tomatoes, red onions, avocado & bacon with a choice of dressing

## **WALDORF CHICKEN SALAD 9.95**

Grilled chicken breast, granny smith apples, walnuts, celery & crumbled bleu cheese, with choice of dressing

## **GARDEN SALAD 9.95**

Iceberg lettuce, onions, tomatoes, green peppers, grilled chicken breast & mozzarella cheese, served with choice of dressing

## **STAFFORD SALAD 11.45**

Romaine lettuce, cucumbers, hard boiled egg, three hot shrimp, Cajun chicken breast and tomatoes served with your choice of dressing

## **SPINACH SALAD BOWL 9.95**

Grilled chicken, bacon bits, feta cheese, & mushrooms served with choice of dressing

## **SPECIAL SALAD 7.95**

Romaine lettuce, onions, tomatoes, hard boiled egg & chick peas with your choice of dressing

## **MARIA'S SALAD 12.25**

Mixed greens with red onions, roasted red peppers, black olives & grilled scallops, served with your choice of dressing

## **CHEF SALAD 9.75**

Turkey, ham, roast beef & imported Swiss cheese atop a tossed green salad with choice of dressing

## **BUFFALO CHICKEN SALAD 9.95**

Chopped lettuce, crumbled bleu cheese, diced tomatoes, and fried Buffalo chicken tenders with ranch dressing on the side

## **COBB SALAD 10.95**

Chopped lettuce, grilled chicken, bacon, crumbled bleu cheese, avocado, diced tomatoes & hard boiled egg, served with your choice of dressing

## **PORTABELLA MUSHROOMS 10.95**

Fresh spinach, walnuts, and portabella mushrooms served with choice of dressing

## **LOX PLATTER 10.95**

Served with lettuce, tomato, onions, on a toasted bagel with a side of cream cheese

## **TUNA, CHICKEN or EGG SALAD PLATTER 8.95**

Served on a bed of lettuce with tomato, onion, cole slaw & potato salad

## **CHOPPED SHRIMP SALAD PLATTER 9.95**

Served on a bed of lettuce, tomato, onion, cole slaw and potato salad

## **STUFFED TOMATO 8.95**

Choice of tuna, chicken or egg salad

### **TOP OFF ANY SALAD WITH:**

**Grilled Chicken 3.00 Extra • Grilled Shrimp 5.00 Extra • Sliced Steak 5.00 Extra**  
**Grilled Salmon 5.00 Extra • Grilled Scallops 5.00 Extra**

## Trim Line

### **GRILLED CHICKEN BREAST 8.95**

with crispy lettuce, tomato & cottage cheese

### **LOW CAL 7.25**

White Albacore tuna on crispy lettuce with tomato and hard boiled egg

### **BEEF, TURKEY or VEGGIE BURGER 7.25**

with lettuce, tomato and scoop of cottage cheese

## Low Carb Solutions

### **ENERGY 11.45**

Grilled lemon pepper chicken with brown rice and steamed broccoli



### **VEGETARIAN 7.95**

Wheat pasta sautéed with spinach, olive oil and garlic

### **BROILED 12 oz NEW YORK STEAK 15.95**

With spinach and brown rice

### **GRILLED CHICKEN BREAST 11.45**

With sautéed broccoli in garlic and olive oil, topped with Roasted Peppers

# Premium Sandwiches

Served with French Fries, Cole Slaw & Pickle • Add Cheese to Any Sandwich .75¢ extra

## CHICKEN PARMIGIANA HERO 9.25

Crispy chicken breast coated in bread crumbs, tomato sauce and melted provolone cheese on a toasted French roll

## GRILLED CHICKEN BREAST 8.25

With lettuce and tomato on a toasted roll

## HONEY DIJON CHICKEN SANDWICH 8.50

Grilled chicken breast topped with melted Swiss, lettuce and tomato on a toasted roll

## GRILLED CHICKEN CLUB SANDWICH 8.50

Grilled chicken, BLT & mayo on three slices of toasted bread

## TURKEY CLUB 8.50

Turkey, bacon, lettuce and tomato on three slices of toasted bread

## ROAST BEEF CLUB 8.50

Roast beef, bacon, lettuce and tomato, on three slices of toasted bread

## HAM and TURKEY CLUB 8.50

Sliced turkey, Virginia ham, bacon, lettuce, tomato & Swiss cheese on three slices of toasted bread

## TUNA or CHICKEN SALAD CLUB 8.50

With bacon, lettuce and tomato on three slices of toasted bread

## EGG SALAD CLUB 8.50

With bacon, lettuce and tomato on three slices of toasted bread

## HAMBURGER CLUB 8.50

½ lb hamburger with bacon, lettuce, tomato & choice of cheese on three slices of toasted bread

## FRENCH DIP 8.75

Roast beef and Swiss cheese on a kaiser roll, served with au jus

## MONTE CRISTO 8.75

Ham, turkey and melted Swiss on our homemade French toast

## REUBEN 8.75

Choice of hot corned beef or pastrami with sauerkraut and Russian dressing, topped with melted Swiss cheese on rye

## MERMAID SANDWICH 8.75

A grilled chicken breast with roasted red peppers and melted American cheese on a hard roll

## CHICKEN and EGGPLANT 8.95

Grilled chicken topped with eggplant and melted Swiss cheese on a torpedo roll

## OUR FAVORITE 8.50

Grilled slices of chicken, onions, red peppers, zucchini, with melted American cheese, served on a torpedo roll

## DEE'S SPECIAL SANDWICH 9.25

Grilled chicken, bacon, roasted peppers, melted Swiss, lettuce, tomato and onion on a torpedo roll with our special dressing

## MEATLOAF SANDWICH 8.95

On a hard roll with brown gravy

## ITALIAN MEATBALL 7.25

Served on a garlic hero roll with melted mozzarella and tomato sauce

## RIB-EYE STEAK 10.25

Served on a garlic hero roll with fried onions

## TUNA MELT 7.95

Tuna salad topped with tomato and melted American cheese on rye bread

## CARNEGIE DELI SANDWICH 7.95

Choice of hot corned beef, pastrami, or roast beef on rye bread or Kaiser roll

## GRILLED CHEESE 5.75

with Bacon or Ham 7.25 • with Tomato 6.25

## CRAB CAKE SANDWICH 8.95

Fried crab cakes served with tartar sauce on a hard roll

## B.L.T. 5.95

Bacon, lettuce and tomato on choice of toasted bread

## FRIED FLOUNDER SANDWICH 8.75

Served with lettuce and tomato on a Kaiser roll

## PHILLY CHEESE STEAK 8.45

Paper thin sirloin steak with melted cheese, peppers and onions on a toasted French roll

## CHICKEN CHEESE STEAK 8.45

with melted cheese, peppers and onions on a toasted French roll



## EGGPLANT PARMIGIANA 8.95

Grilled eggplant with melted mozzarella cheese on a torpedo roll

# Deli Sandwich Board

On Choice of Bread with Mayonnaise and Lettuce

Served with French Fries, Cole Slaw & Pickle • Add Cheese to Any Sandwich .75¢ extra

## ROAST TOP SIRLOIN of BEEF 6.75

## ROAST TURKEY SANDWICH 6.75

## VIRGINIA HAM 6.75

## TUNAFISH CHICKEN or EGG SALAD 6.75

## CHOPPED SHRIMP SALAD 7.95

## CHEESE SANDWICH 5.75



Choice of American, Swiss or mozzarella



Vegetarian



# Charcoal Grilled Hamburgers

	REG	DLX		REG	DLX
<b>HAMBURGER</b>	4.95	6.95	<b>ALL AMERICAN BURGER</b> An American original served with bacon, topped with mozzarella cheese and roasted peppers	6.45	8.45
<b>CHEESEBURGER</b>	5.45	7.45	<b>BROOKLYN BURGER</b> Topped with Swiss cheese, mushrooms and caramelized onions	6.45	8.45
<b>BACON CHEESEBURGER</b>	6.25	8.25	<b>PIZZA BURGER</b> With mozzarella cheese and tomato sauce	5.25	7.25
 <b>VEGGIE BURGER</b>	5.25	7.25	<b>BLACK N' BLUE BURGER</b> Seasoned Cajun burger with bleu cheese	5.75	7.75
<b>TURKEY BURGER</b>	5.25	7.25	<b>MINI SLIDERS</b> Bite sized burgers on mini buns with melted cheese, onions, tomatoes and pickles	5.75	7.75
<b>PATTY MELT</b>	5.95	7.95	<b>STAFFORD BURGER</b> Topped with jalapeno peppers, onions, tomatoes and Monterey jack cheese, served with bleu cheese dressing	5.95	7.95
<b>CANADIAN BURGER</b> With Canadian bacon & cheese	6.25	8.25			
<b>GREEK BURGER</b> Topped with feta cheese, chopped pitted olives and sliced onion	5.95	7.95			
<b>DOUBLE TROUBLE BURGER</b> Two 8 oz patties with provolone and cheddar cheeses	8.50	10.50			
 <b>MEATLESS HAMBURGER</b> Grilled portobello on a toasted bun with mozzarella cheese	5.25	7.25			

## Wraps

Served with French Fries, Cole Slaw & Pickle

### SANTA FE WRAP 8.95

Grilled chicken, turkey bacon, beans and melted cheddar cheese

### CHICKEN CAESAR WRAP 8.95

With romaine lettuce and Caesar dressing

### SERGIO WRAP 8.95

Grilled chicken with fresh spinach and mozzarella, served with balsamic dressing

### TUNA, CHICKEN, or EGG SALAD WRAP 8.95

With shredded lettuce and tomatoes

### GRILLED CHICKEN and EGGPLANT WRAP 8.95

With melted mozzarella cheese

### GRILLED CHICKEN and VEGETABLE WRAP 8.95

### CHICKEN PARMIGIANA WRAP 8.95

With mozzarella cheese and marinara sauce

### GRILLED CHICKEN WRAP 8.95

Thinly sliced and topped with shredded lettuce, tomatoes and onions

### TURKEY WRAP 8.95

With shredded lettuce and tomatoes

### GYRO WRAP 8.95

With shredded lettuce, tomatoes, onions, and tzatziki sauce

### SANTOS WRAP 8.95

Thinly sliced london broil topped with shredded lettuce, tomatoes, and onions

### VEGETABLE WRAP 8.95

Grilled and seasoned

### EGGPLANT PARMIGIANA WRAP 8.95

Grilled eggplant topped with melted mozzarella cheese and marinara sauce

### CHEESE STEAK WRAP 8.95

With peppers and onions

### PROTEIN WRAP 8.95

Grilled chicken & egg whites on a wheat wrap

### PIZZA BURGER WRAP 8.95

Grilled burger with tomato sauce, mozzarella cheese

### BENANCIO WRAP 8.95

Crispy chicken fingers, lettuce, tomato & Buffalo sauce

## Our Own Baked Focaccia Bread

Served with French Fries, Cole Slaw & Pickle

### TOMMY'S FAVORITE 9.25

Grilled chicken, ham & melted mozzarella on focaccia bread

### KRISTEN'S FAVORITE 9.25

Grilled chicken with sautéed spinach, in a basil olive oil and garlic dressing topped with mozzarella cheese

### TURKEY and BACON 9.25

With lettuce and melted Monterey jack cheese in grilled focaccia bread, served with dijon mustard on the side

### ROASTED EGGPLANT 9.25

With red roasted peppers, provolone cheese and lettuce in basil

### GRILLED CHICKEN BREAST 9.25

With roasted red peppers, provolone cheese and lettuce in basil, olive oil, garlic and seasonings

### GRILLED PORTABELLO MUSHROOMS 9.25

Topped with your choice of melted cheese

# Check Our Blackboard for Our Daily Specials!

## Sautéed Specialties

Served with Soup or Garden Salad, Potato & Vegetable or Side Linguini, and Basket of Bread & Butter

### CHICKEN and BROCCOLI 13.95

Served over linguini

### CHICKEN FRANCAISE 13.95

Dipped in egg and cheese batter, finished with lemon and white wine

### CHICKEN PICCANTE 13.95

Finished with lemon, white wine, butter sauce and capers

### CHICKEN STIR-FRY 13.95

With vegetables over rice

### CHICKEN CORDON BLUE 13.95

Chicken stuffed with ham and cheese sautéed in our Alfredo sauce

### CHICKEN MARSALA 13.95

Sautéed with fresh mushrooms, butter and Marsala wine

### SHRIMP SCAMPI 15.25

Sautéed with garlic butter, lemon and white wine sauce, served over rice

### FLOUNDER FRANCAISE 13.95

Dipped in egg and cheese batter, finished with lemon and white wine

### VEAL PICCANTE 16.45

Finished with lemon, white wine butter sauce and capers

### VEAL FRANCAISE 16.45

Dipped in egg and cheese batter, finished with lemon & white wine

### VEAL MARSALA 16.45

Sautéed with fresh mushrooms, butter and Marsala wine



### VEGETABLE STIR-FRY 11.95

A fresh vegetable medley sautéed in teriyaki sauce, served over rice

### CHICKEN and WAFFLES 11.95

Combination of fried chicken and waffles, served with warm syrup & butter

### CHICKEN TENDERS 7.50

Crisp golden brown fried chicken strips, served with French fries and honey dijon mustard

## Seafood from the Broiler

Served with Soup or Garden Salad, Potato & Vegetable or Side Linguini, and Basket of Bread & Butter

### TWO BROILED LOBSTER TAILS 20.95

served with lemon and drawn butter  
stuffed with crabmeat 22.95

### BROILED FILET of FLOUNDER 13.75

served with lemon

### BROILED DEEP SEA SCALLOPS 14.95

served with lemon

### BROILED SEAFOOD COMBINATION 21.95

Lobster tail, shrimp, scallops, clams casino and flounder

### BROILED CRAB CAKES 14.95

served with tartar sauce

### BROILED SALMON 14.75

served with lemon

### BROILED STUFFED FLOUNDER 15.95

with crabmeat

### BROILED STUFFED FILET of FLOUNDER FLORENTINE 14.95

with feta cheese, sautéed onions and spinach

### BROILED STUFFED SHRIMP 15.95

with crabmeat

## Fried Seafood

Served with Soup or Garden Salad, Potato & Vegetable or Side Linguini, and Basket of Bread & Butter

### FRIED FILET of FLOUNDER 13.75

served with tartar sauce

### FRIED DEEP SEA SCALLOPS 14.50

served with cocktail sauce

### FRIED DEVEILED CRAB CAKES 14.25

served with tartar sauce

### FRIED CLAM STRIPS 10.95

### FRIED SEAFOOD COMBINATION 17.25

Shrimp, scallops, crab cake and filet of flounder

### FRIED SHRIMP in the BASKET 12.95

served with French fries and cole slaw

### FRIED FANTAIL SHRIMP 14.95

### FISH & CHIPS 10.95

## Hot Open Faced Sandwiches

Served with Soup or Garden Salad, Potato & Vegetable or Side Linguini

### HOT ROAST BEEF SANDWICH 11.45

served with brown gravy, potato and vegetable

### HOT TURKEY SANDWICH 11.45

served with turkey gravy, potato and vegetable



Vegetarian

# Steaks and Chops

Served with Soup or Garden Salad, Potato & Vegetable or Side Linguini, and Basket of Bread & Butter

## **BROILED NEW YORK STRIP STEAK 17.95**

with sautéed mushroom caps and onion rings

## **BROILED SURF and TURF 21.95**

New York strip steak and lobster tail

## **BROILED 16 oz T-BONE STEAK 18.75**

served with onion rings

## **BROILED CENTER CUT PORK CHOPS 13.95**

with applesauce

## **BROILED CHOPPED SIRLOIN 11.95**

with onions & mushroom gravy

## **LONDON BROIL 12.25**

## **CHICKEN CROQUETTES 11.75**

## **MEATLOAF 11.25**

with brown gravy

## **BROILED HALF CHICKEN 11.25**

# Italian Cuisine

Served with Soup or Garden Salad, Basket of Bread and Butter • Wheat Pasta Available

## **BREADED MILK FED VEAL CUTLET PARMESAN 15.75**

Tender veal lightly coated and seasoned in bread crumbs topped with mozzarella cheese and tomato sauce

## **CHICKEN PARMESAN 13.75**

Tender chicken lightly coated and seasoned in bread crumbs topped with mozzarella cheese and tomato sauce

## **EGGPLANT PARMESAN 11.50**

Eggplant breaded lightly and seasoned, topped with mozzarella cheese and tomato sauce

All above served with potato and vegetable or a choice of pasta

## **BAKED MANICOTTI PARMESAN 10.50**

## **MEAT RAVIOLI PARMESAN 10.50**

## **CHEESE RAVIOLI PARMESAN 10.50**

## **BAKED STUFFED SHELLS PARMESAN 10.50**

## **LINGUINI with OLIVE OIL and GARLIC 8.25** **with Feta Cheese 9.25**

## **SPAGHETTI with Marinara Sauce 7.95**

(Penne, angel hair, or bowtie pasta)

Add meatballs to above \$3.00 extra

## **FRIED CHICKEN IN A BASKET 11.25**

Served with French fries, cole slaw & choice of soup or salad

## **ROAST YOUNG TURKEY 12.35**

with giblet gravy, stuffing, potato, vegetable & choice of soup or salad

# Greek Corner

Served with Greek Salad

## **HOMEMADE SPINACH PIE 9.95**

## **GYRO 9.95**

Spiced beef and lamb thinly sliced, served on pita bread with Bermuda onions, lettuce and tomato, topped with our own tzatziki sauce

## **CHICKEN GYRO 9.95**

Thinly sliced chicken served on pita bread with Bermuda onions, lettuce and tomato, topped with our own tzatziki sauce

## **MOUSSAKA 10.25**

Thinly sliced eggplant and potatoes, layered with lean ground meat and topped with béchamel sauce

## **ATHENIAN DELIGHT 12.95**

Slices of gyro, spinach pie, Kalamata olives, lettuce, onion and feta cheese, served with pita bread

# From Our Mexican Grill

## **FAJITAS**

Sizzling with green peppers, onions & tomatoes in our delicious fajita sauce, served with sour cream, salsa and warm tortillas on the side

## **Steak Fajita 12.95 • Chicken Fajita 10.95**

## **Shrimp & Scallops Fajita 14.95**

## **CHIMICHANGA 11.95**

Flour tortilla stuffed with grilled chicken, peppers, onions & rice, topped with Monterey jack and cheddar cheeses, served with a side of rice

## **TACO SALAD 11.25**

Taco shell filled with lettuce, tomatoes and a choice of grilled chicken or ground beef, topped with shredded cheddar cheese

## **CHEESE QUESADILLA 8.75**

Flour tortillas with Monterey jack and cheddar cheeses, garnished with lettuce and tomatoes, served with guacamole, sour cream and salsa

## **CHICKEN or BEEF QUESADILLA 10.95**

Marinated chicken or ground beef wrapped in flour tortillas garnished with lettuce and tomato, served with guacamole, sour cream and salsa

## **NACHOS 10.75**

Choice of chicken or ground beef covered with chili, Monterey jack and cheddar cheeses and jalapeno peppers, served with guacamole, sour cream and salsa



# House Specialties

Served with soup or garden salad, choice of ice cream, jello or pudding

## **JUAN'S CHICKEN 14.25**

Grilled chicken with portobello mushrooms & roasted peppers on toasted pita bread

## **CHICKEN SCARPARELLI 14.25**

Sautéed chicken breast with olive oil, garlic and grated cheese

## **CHICKEN FLAMINGO 14.25**

Sautéed chicken breast topped with melted mozzarella cheese

## **CHICKEN NAPOLI 14.25**

Chicken breast stuffed with spinach, Parmesan cheese and roasted peppers, lightly coated with tomato sauce and topped with mozzarella

## **HOUSE SPECIALTY 14.25**

Bowtie pasta tossed with grilled chicken, fresh herbs, artichoke hearts, sundried tomatoes and portabella mushrooms in olive oil

## **CHICKEN SEBASTIAN 14.25**

Sautéed with sundried tomatoes and roasted peppers in a light pesto sauce topped with mozzarella cheese

## **LAND and SEA 15.25**

Grilled chicken and scallops over roasted peppers and garlic spinach

## **FETTUCCINI ALFREDO 11.95**

Fettuccini tossed with rich Parmesan cheese in a creamy sauce

## **JAMBALAYA 16.25**

Sautéed shrimp, chicken, onions, peppers & sausage in a spicy jambalaya sauce

## **AL CAPONE 15.25**

Sautéed chicken and hot Italian sausage with peppers and mushrooms in sherry wine marinara sauce, topped with mozzarella cheese

## **MEXICAN CHICKEN and BEANS 14.25**

Chicken strips sautéed with black beans, corn with green and red peppers

## **PENNE VODKA SAUCE 11.95**

Penne pasta flamed with vodka and blended with Parmesan cheese in a tomato cream sauce

## **FLOUNDER JAVIER 14.25**

Filet sautéed with sundried tomatoes, roasted peppers, garlic, fresh herbs and plum tomatoes, served with side of garlic bowtie pasta

## **THE ODD COUPLE 15.25**

Rib-Eye steak and stuffed flounder with crabmeat

## **DOUBLE TAKE 15.25**

Two stuffed flounder, one with crabmeat and one florentine

## **SEAFOOD MERMAID 15.45**

Sautéed shrimp and scallops with dijon mustard & fresh basil, in a light creamy marinara sauce

## **BAKED SCALLOPS 15.25**

Scallops with bread crumbs, bacon & Parmesan cheese, served over garlic toast

## **RIB-EYE STEAK 13.25**

topped with smothered onions and mozzarella cheese

## **SCALLOPS NICOLE 14.95**

Sautéed scallops in garlic with sundried tomatoes, mushrooms and fresh basil

## **PENNE CASALINGA 11.95**

Penne pasta with sautéed broccoli and fresh garlic, baked with mozzarella cheese

## **STAFFORD SEAFOOD SPECIAL 15.45**

Shrimp and scallops sautéed with fresh garlic & basil with sundried tomatoes, served over penne pasta

## **SPANISH PAELLA 16.25**

Scallops, shrimp, clams, mussels & yellow rice

## **SEAFOOD MARINARA 16.25**

Sautéed shrimp, scallops, clams & mussels with marinara sauce, served over choice of pasta

## **SHRIMP FRA DIAVOLO 15.25**

Our special sauce, mild or hot, served over choice of pasta

# Early Bird Specials \$9.25

Served from 3:00pm-6:00pm only

All Entrees are Served with Soup or Salad, Choice of Rice or Pasta or Potato and Vegetable, One Beverage and Ice Cream, Jello or Pudding  
No refills, No substitutions, Not available for take-out

## OPEN FACED HOT TURKEY SANDWICH

### CHOPPED SIRLOIN of BEEF

with onion and mushroom gravy

## OPEN FACED HOT ROAST BEEF SANDWICH

### CHICKEN BREAST

sautéed with fresh vegetables  
in a garlic sauce

## FRIED or BROILED FILET of FLOUNDER

## CHICKEN PARMESAN



### EGGPLANT PARMESAN

### FISH and CHIPS

### FRIED CLAM STRIPS

### SHRIMP in the BASKET

### CHICKEN FRANCAISE



### FETTUCINI ALFREDO

## TILAPIA FRANCAISE

## FLOUNDER FRANCAISE

## HOMEMADE MEATLOAF

## HOMEMADE CHICKEN CROQUETTES

## GRILLED CHICKEN BREAST

## MEAT or CHEESE RAVIOLI



## BAKED STUFFED SHELLS

## Desserts

All Our Desserts Are Homemade and Baked Fresh on the Premises • Ask Your Server For Whole Pies and Cakes to Take-Out

### FAMOUS CHEESECAKE 3.50

### FRUIT PIES 2.75

Apple, blueberry or cherry

### Ala Mode 3.95

### LEMON MERINGUE PIE 3.50

### CHOCOLATE CREAM PIE 3.50

### BANANA CREAM PIE 3.50

### FUDGE CAKE 3.50

### DOMO CAKE 3.50

### CHOCOLATE MOUSSE CAKE 3.50

### CARROT CAKE 3.50

### BROWNIES 2.75

### BAKLAVA 3.50

### DANISH PASTRY 2.50

### ASSORTED MUFFINS 2.50

### PUDDING 2.75

### JELLO 2.25

with whipped cream

## From the Fountain

### ICE CREAM or SHERBET

Single Dip 2.50 • Double Dip 3.50

### SUNDAE 3.95

Includes two dips with your favorite syrup  
& whipped cream

### BANANA SPLIT 5.50

### BROWNIE SUNDAE 4.95

### POUND CAKE with ICE CREAM 4.75

### MILK SHAKE 3.95

### ICE CREAM SODA 3.75

## Beverages

### ASSORTED JUICES 1.75 2.50

Orange, grapefruit, cranberry, V-8,  
tomato, pineapple or apple

### HOT COFFEE 1.40

reg or decaf

### POT OF TEA or DECAF TEA 1.40

### HERBAL TEA or GREEN TEA 1.75

### HOT CHOCOLATE 1.75

with whipped cream

### MILK Reg. 2.00 • Lg. 2.75

### CHOCOLATE MILK Reg. 2.25 • Lg. 2.95

### COKE, DIET COKE, SPRITE, ROOT BEER or ORANGE SODA (One Refill) 2.25

### ICED TEA, LEMONADE or RASPBERRY ICED TEA (One Refill) 2.25

## Kids' Menu

Children Under 12 Years Old Only • Served with Ice Cream or Jello and One Beverage (No Refill)

### SHRIMP BASKET

with French fries

7.95

### PEANUT BUTTER

### & JELLY

with French fries

4.75

### HOT DOG

with French fries

4.50

### HAMBURGER

with French fries

4.95

### CHEESEBURGER

with French fries

5.50

### SLICED ROAST BEEF

with French fries

5.95

### HOT TURKEY

with whipped potatoes

5.95

### FRIED FILET of FLOUNDER

with French fries

5.95



### MAC & CHEESE

5.75

### FETTUCINI ALFREDO

5.75

### CHICKEN FRANCAISE

with Potato or Pasta

7.95



### GRILLED CHEESE

with French fries

4.50

### CHICKEN FINGERS

with French fries

5.95

### SPAGHETTI & MEATBALL

5.75

### CHICKEN PARMIGIANA

with Potato or Pasta

7.95



Vegetarian

# Morning Favorites

**TWO FRESH EGGS, Any Style 3.50**

with home fried potatoes

**With ham, bacon, sausage, pork roll, scrapple or Canadian bacon 6.25**

**STEAK & EGGS, Any Style 13.95**

with home fried potatoes

**LOX PLATTER 10.95**

With bagel, cream cheese, lettuce, tomato & onions

**MORNING QUESADILLA 8.95**

Scrambled eggs with bacon, Monterey jack cheese & salsa, served with a side of sour cream

## Omelettes

All omelettes are made with three eggs • Served with home fries, buttered toast & jelly • add cheese .75¢ extra  
Fruit instead of home fries \$1.00 extra • Grits or Oatmeal instead of home fries \$1.00 extra • Egg whites or egg beaters \$1.00 extra

**AMERICAN CHEESE OMELETTE 6.25**

**WESTERN OMELETTE 6.50**

Ham, peppers & onions

**GREEK OMELETTE 7.50**

feta cheese, spinach, fresh tomatoes, onions and black olives

**HAM, BACON, PORK ROLL or SAUSAGE OMELETTE 6.50**

**SPINACH OMELETTE 6.50**

**FARMER'S OMELETTE 7.50**

Bacon, ham, sausage, potatoes, onions & peppers

**TOMMY'S OMELETTE 8.50**

Diced chicken, egg whites & cheddar cheese

**LOX & ONION OMELETTE 8.95**

## Pancakes

**ORIGINAL BUTTERMILK PANCAKES 4.25**

**STRAWBERRIES (In Season) & CREAM PANCAKES 6.50**

Three pancakes with fresh strawberries & fresh whipped cream on the side

**MULTI-GRAIN PANCAKES 5.25**

**BUCKWHEAT PANCAKES 5.25**

## French Toast

**ORIGINAL FRENCH TOAST (3 slices) 4.75**

Our homemade French toast dipped in egg, grilled to golden brown, sprinkled with powdered sugar

**CINNAMON RAISIN FRENCH TOAST 5.95**

Three slices of cinnamon raisin bread dipped in egg, grilled to golden brown, sprinkled with powdered sugar

**FRENCH TOAST NAPOLEON 7.50**

Filled with strawberries, bananas & walnuts, sprinkled with powdered sugar, served with fresh whipped cream

**MULTI-GRAIN THIN FRENCH TOAST 4.95**

## Belgian Waffles

**WAFFLE 4.50**

served with sprinkled powdered sugar, warm syrup & butter

**WAFFLE with FRESH STRAWBERRIES (In Season) & CREAM 6.25**

**WAFFLE with BANANAS 5.50**

**WAFFLE ALA MODE 6.95**

## Griddle Extras

Add sausage, bacon, pork roll, Canadian bacon, scrapple or ham \$2.75 extra • With one egg, any style \$1.00 extra  
With two eggs, any style \$2.00 extra • Add turkey sausage, turkey bacon or corned beef hash \$3.50 extra

