

1388 ROUTE 72 WEST (Corner of Mermaid) MANAHAWKIN, NJ 08050 609) 978-9897

Stafford
Township

Breakfast

Manahawkin
Lake Park III

MANAHAWKIN

72

STAFFORD

DINER

Please enjoy your experience at Stafford Diner
offering casual global cuisine with a relaxed atmosphere.
Serving breakfast, lunch, dinner, late night supper, dessert and coffee.

We strive for the best possible food and service.

We are committed to quality, value and your complete satisfaction.
We use all Natural Chicken, Prime Beef and Fresh Fish delivered daily.
All our desserts and pastries are baked with only the finest ingredients.

Thank you for your patronage.



THE BENEDICTS

Served with home fried potatoes

EGGS BENEDICT

English muffin layered with Canadian bacon, two poached eggs topped with hollandaise sauce 10.95

LOX BENEDICT

English muffin layered with lox, two poached eggs topped with hollandaise sauce 13.25

CALIFORNIA BENEDICT

English muffin layered with avocado, two poached eggs topped with hollandaise sauce 10.95

IRISH BENEDICT

English muffin layered with corned beef hash, two poached eggs topped with hollandaise sauce 10.95

FAMOUS OMELETS

All omelets are made with three eggs. Served with home fries, buttered toast & jelly
Add cheese 1.45 Fruit instead of home fries 1.75 Grits or Oatmeal instead of home fries 1.45
Sub Egg whites 1.45 extra Hollandaise sauce 2.75 extra

CHEESE OMELET

Choice of American, Swiss, mozzarella, cheddar or jack cheese 8.75

WESTERN OMELET

Ham, pepper & onions 9.25

MEAT OMELET

Choice of ham, bacon, sausage OR pork roll 9.25

CALIFORNIA OMELET

Avocado, mushrooms, tomatoes, onions & cheddar cheese 10.75

MEXICANO OMELET

Chorizo, onions, jalapeños & cheddar cheese with salsa on the side 10.95

COUNTRY OMELET

Pepper, onions, and potatoes 9.25

SPANISH OMELET

Chorizo, potatoes & onions 10.95

GREEK OMELET

Feta cheese, tomatoes, spinach, onions & black olives 10.75

ALASKA OMELET

Lox and caramelized onions 13.25

HUNTER'S OMELET

Sausage, bacon, broccoli, mushrooms & roasted peppers with choice of Swiss or American cheese 10.75

FARMER'S OMELET

Bacon, ham, sausage, potatoes, onions & peppers 10.75

SPINACH OMELET 9.25

TOMMY'S OMELET

Diced chicken, egg whites, & cheddar cheese 11.25

LOX & ONION OMELET 12.75

DELI OMELET

Choice of corned beef or pastrami, Swiss cheese with thousand island dressing on the side 9.75

CARLOS' OMELET

Three egg omelet with pork roll, bacon, cheddar cheese, tomatoes, onions, peppers stuffed into a fajita 9.75

CHICKEN FAJITA OMELET

Grilled chicken, peppers, onions & monterey Jack cheese 12.75

PHILLY CHEESE STEAK OMELET

Cheese steak, peppers, onions & American cheese 10.95

DELUXE CHEESEBURGER OMELET

Ground beef, fried onions & American cheese 10.95

VEGGIE OMELET

Broccoli, spinach, peppers, onions, mushrooms, asparagus & choice of cheese 9.25

STAFFORD OMELET

Bacon, ham, sausage, pork roll and American cheese 10.75

TURKEY OMELET

Turkey, Swiss, tomatoes & avocado 12.75

HEALTHY CHOICE OMELETS

Served with choice of oatmeal, grits or fresh fruit & multi-grain toast

JUAN

Egg whites, turkey bacon & spinach 11.25

TOMMY

Egg whites, diced chicken & cheddar cheese 11.25

DEE

Egg whites, feta cheese, olives & tomatoes 11.25

KRISTEN

Egg whites, turkey & cheddar cheese 11.25

BERNARD

Egg whites, ground beef & cheddar cheese 11.25

ISMAEL

Egg whites, avocado, mushroom, onions, tomatoes & jack cheese 11.25



Served with sweet whipped butter & warm syrup Short stack 1.45 less. Whipped cream 1.95 extra

Made from grated potatoes served with
side of apple sauce and sour cream 6.75



**Add Turkey sausage, turkey bacon
OR corned beef hash 5.45**

Topped with fresh bananas and Nutella hazelnut spread 10.95

Buttermilk topped with fresh bananas
and Nutella hazelnut spread 10.95



Our original topped with fresh bananas
and Nutella hazelnut spread 10.95

For children under 12 years.
Served with small juice OR milk (no refill).

Two slices of French toast with two strips of bacon
OR one sausage 6.75

One egg with two strips of bacon OR one sausage 6.75

One egg cheese omelet 6.75

Two chunky monkey pancakes with chocolate chips
& bananas 6.75

Peanut butter & jelly 6.75

Two Pancakes with two strips of bacon OR one sausage 6.75

Belgian waffle with syrup 6.75

Hot oatmeal OR cold cereal with bananas 6.75

Vanilla Greek yogurt with granola 6.75

Nutella hazelnut & banana sandwich 6.75

HAM, BACON, or SAUSAGE 3.95

TAYLOR PORK ROLL 3.95

CANADIAN BACON 3.95

PHILADELPHIA SCRAPPLE 3.95

CORNERED BEEF HASH 5.45

TURKEY BACON or SAUSAGE 5.45

FRESH FRUIT CUP 5.95

HOME FRIED POTATOES 4.75

HOT OATMEAL or GRITS 5.45

VANILLA GREEK YOGURT 5.45

With granola 5.95 • With fruit 7.45

BUTTERED TOAST or HARD ROLL 2.45

ENGLISH MUFFIN 2.45

With butter & jelly 3.25 • With cream cheese 4.25

ASSORTED MUFFINS 3.45

GRILLED STICKY BUN 3.45

Regular or decaf coffee 2.45

POT of HOT TEA 2.45

HERBAL TEA or GREEN TEA 2.75

with whipped cream 2.75

ICED COFFEE 2.45

12oz. 3.25 16oz. 3.95

CHOCOLATE MILK

12oz. 3.45 16oz. 4.75

Orange, cranberry, tomato, pineapple or apple
8oz. 2.75 12oz. 3.95





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Please let your server know if you have any food allergies, not all ingredients are listed on the menu. Not responsible for lost or stolen articles.
We reserve the right to refuse service to anyone. Prices subject to change without notice. All substitutions charged a la carte.
Pictures for illustration purposes. We accept all major credit cards.