

1388 ROUTE 72 WEST (Corner of Mermaid) MANAHAWKIN, NJ 08050 609) 978-9897

Stafford
Township

Breakfast

Manahawkin
Lake Park III

MANAHAWKIN

72

STAFFORD

DINER

Please enjoy your experience at Stafford Diner offering casual global cuisine with a relaxed atmosphere. Serving breakfast, lunch, dinner, late night supper, dessert and coffee.

We strive for the best possible food and service.

We are committed to quality, value and your complete satisfaction. We use all Natural Chicken, Prime Beef and Fresh Fish delivered daily. All our desserts and pastries are baked with only the finest ingredients.

Thank you for your patronage.



THE BENEDICTS

Served with home fried potatoes

EGGS BENEDICT

English muffin layered with Canadian bacon, two poached eggs topped with hollandaise sauce | 11.95

LOX BENEDICT

English muffin layered with lox, two poached eggs topped with hollandaise sauce | 14.45

CALIFORNIA BENEDICT

English muffin layered with avocado, two poached eggs topped with hollandaise sauce | 11.95

IRISH BENEDICT

English muffin layered with corned beef hash, two poached eggs topped with hollandaise sauce | 11.95

FAMOUS OMELETS

All omelets are made with three eggs. Served with home fries, buttered toast & jelly
Add cheese 1.60 Fruit instead of home fries 1.95 Grits or Oatmeal instead of home fries 1.60
Sub Egg whites 1.60 extra Hollandaise sauce 2.95 extra

CHEESE OMELET

Choice of American, Swiss, mozzarella, cheddar or jack cheese 9.75

WESTERN OMELET

Ham, pepper & onions 10.25

MEAT OMELET

Choice of ham, bacon, sausage OR pork roll 10.25

CALIFORNIA OMELET

Avocado, mushrooms, tomatoes, onions & cheddar cheese | 11.75

MEXICANO OMELET

Chorizo, onions, jalapeños & cheddar cheese with salsa on the side | 11.95

COUNTRY OMELET

Pepper, onions, and potatoes 10.25

SPANISH OMELET

Chorizo, potatoes & onions | 11.95

GREEK OMELET

Feta cheese, tomatoes, spinach, onions & black olives | 11.75

ALASKA OMELET

Lox and caramelized onions | 14.45

HUNTER'S OMELET

Sausage, bacon, broccoli, mushrooms & roasted peppers with choice of Swiss or American cheese | 11.75

FARMER'S OMELET

Bacon, ham, sausage, potatoes, onions & peppers | 11.75

SPINACH OMELET 10.25

TOMMY'S OMELET

Diced chicken, egg whites, & cheddar cheese | 12.45

LOX & ONION OMELET 13.95

DELI OMELET

Choice of corned beef or pastrami, Swiss cheese with thousand island dressing on the side | 10.75

CARLOS' OMELET

Three egg omelet with pork roll, bacon, cheddar cheese, tomatoes, onions, peppers stuffed into a fajita | 10.75

CHICKEN FAJITA OMELET

Grilled chicken, peppers, onions & monterey Jack cheese | 13.95

PHILLY CHEESE STEAK OMELET

Cheese steak, peppers, onions & American cheese | 11.95

DELUXE CHEESEBURGER OMELET

Ground beef, fried onions & American cheese | 11.95

VEGGIE OMELET

Broccoli, spinach, peppers, onions, mushrooms, asparagus & choice of cheese | 10.25

STAFFORD OMELET

Bacon, ham, sausage, pork roll and American cheese | 11.75

TURKEY OMELET

Turkey, Swiss, tomatoes & avocado | 13.95

HEALTHY CHOICE OMELETS

Served with choice of oatmeal, grits or fresh fruit & multi-grain toast

JUAN

Egg whites, turkey bacon & spinach | 12.45

TOMMY

Egg whites, diced chicken & cheddar cheese | 12.45

DEE

Egg whites, feta cheese, olives & tomatoes | 12.45

KRISTEN

Egg whites, turkey & cheddar cheese | 12.45

BERNARD

Egg whites, ground beef & cheddar cheese | 12.45

ISMAEL

Egg whites, avocado, mushroom, onions, tomatoes & jack cheese | 12.45



STAFFORD SPECIALTIES



STEAK & EGGS

With home fried potatoes & toast 21.75

BREAKFAST BURGER

Hamburger topped with sunny side eggs, bacon & American cheese on a brioche roll 13.75

CREAMED CHIPPED BEEF

Our own home made recipe served on toast with home fried potatoes 9.25

MORNING QUESADILLA

Scrambled eggs with bacon, monterey jack & cheddar cheese, served with salsa & sour cream on the side 13.95

TRENTON FRENCH TOAST

Pork roll, fried egg and American cheese on brioche French toast, served with side of warm syrup 13.45

FISHERMAN'S COMBO

Two eggs any style, two strips of bacon, one sausage & one pancake 10.95

EGG MONTE

Two fried eggs, Canadian ham, American cheese on two slices of Texas French toast 13.25

MONTE CRISTO

Original French toast, sliced turkey, Virginia ham & Swiss cheese, served with side of warm syrup 13.45

LOX PLATTER

With bagel, lettuce, tomato, onion & cream cheese 16.95

SAUSAGE & GRAVY

Served on top of warm country biscuits with home fried potatoes 9.25

BISCUIT SCRAMBLE

Biscuit served open faced with scrambled eggs and jack & cheddar cheese 8.75

CHICKEN & WAFFLE

Fried chicken tenders & Belgian waffle, with side of warm syrup 18.45

BREAKFAST COMBO

Two eggs any style, two buttermilk pancakes OR two slices French toast with choice of ham, bacon, sausage, scrapple or pork roll 12.75

DELUXE BREAKFAST

Two eggs any style, two buttermilk pancakes AND one slice French toast with choice of ham, bacon, sausage, scrapple or pork roll 13.25

FARM FRESH EGGS

We use extra-large eggs from a local farm.
Served with home fries, buttered toast & jelly.
Add cheese 1.60
Grits or oatmeal instead of home fries 1.60
Fruit instead of home fries 1.95
Egg whites 1.60

TWO FRESH EGGS

Any style 5.95
With ham, bacon sausage, pork roll, scrapple OR Canadian bacon 9.75
With corned beef hash 10.95

ONE FRESH EGG

Any style 4.75
With ham, bacon sausage, pork roll, scrapple OR Canadian bacon 8.75
With corned beef hash 9.95



BREAKFAST WRAPS

Choice of flour or wheat tortilla. Served with home fried potatoes.

1. TAYLOR HAM WRAP

Scrambled egg & cheese 10.25

2. SAUSAGE WRAP

Scrambled eggs, jalapeños & cheddar cheese 10.25

3. WESTERN WRAP

Scrambled eggs, ham, peppers & onions 10.25

4. BACON WRAP

Scrambled eggs & cheese 10.25

5. SPINACH WRAP

Scrambled eggs, tomatoes & cheddar cheese 10.25

6. TURKEY SAUSAGE WRAP

Scrambled eggs and cheddar cheese 12.45

BREAKFAST SANDWICHES

Served with home fried potatoes. Add cheese 1.60 extra

FRIED EGG SANDWICH

Served on hard roll 5.75

FRIED EGG SANDWICH with MEAT

Choice of bacon, ham, pork roll OR sausage on hard roll 8.25

AVOCADO TOAST

Sliced avocado with tomatoes on open faced multi-grain toast 8.75

JERSEY SANDWICH

Pork roll, egg & cheese on brioche roll 10.25

BREAKFAST HOAGIE

Scrambled eggs, bacon, home fries & American on a hoagie roll 11.75

BREAKFAST CLUB

Avocado, turkey bacon, fried egg, lettuce & tomato on three slices multi-grain toast with mayonnaise 11.95

OUR FAMOUS PANCAKES

Served with sweet whipped butter & warm syrup Short stack 1.60 less. Whipped cream 2.15 extra

- ORIGINAL BUTTERMILK PANCAKES** 6.45
- CHOCOLATE CHIP PANCAKES** 8.75
- OATMEAL CINNAMON RAISIN PANCAKES** 8.25
- BLUEBERRY PANCAKES** (mixed in) 8.75
- BERRY PANCAKES**
Topped with fresh strawberry or blueberry in season 10.45
- BANANA PANCAKES** 8.25
- BANANA WALNUT PANCAKES** 9.75
- APPLE CINNAMON PANCAKES**
Topped with walnuts and raisins 8.75
- DUTCH APPLE PANCAKES**
Crepe style, filled with spiced apples 8.25
- SWEET POTATO PANCAKES** 8.25
- NUT & HONEY PANCAKES**
Walnuts on top, sprinkled with honey 9.75
- POTATO PANCAKES**
Made from grated potatoes served with side of apple sauce and sour cream 7.45



GRIDDLE EXTRAS

Add sausage, bacon, pork roll, Canadian bacon, scrapple OR ham 4.35

Add One egg any style 1.60 or Two eggs any style 2.95

Add Turkey sausage, turkey bacon OR corned beef hash 5.95

BELGIAN WAFFLES

Served with sweet whipped butter & warm syrup.

- WAFFLE** 7.45
- MULTI-GRAIN WAFFLE** 7.95
- WAFFLE WITH BANANAS** 9.75
- BERRY TASTY WAFFLE**
Topped with fresh strawberries and bananas 10.45
- WAFFLE SUNDAE**
Two scoops of ice cream, chocolate syrup & whipped cream 12.75
- NUTELLA HAZELNUT WAFFLE**
Topped with fresh bananas and Nutella hazelnut spread 11.95

- COCONUT PANCAKES** 8.25
- PUMPKIN PANCAKES** 8.25
- MULTI-GRAIN PANCAKES** 8.25
- BUCKWHEAT PANCAKES** 8.25
- ALMOND JOY PANCAKES**
Mixed with chocolate chip & coconut with almonds on top 10.95
- CHUNKY MONKEY**
Filled with chocolate chips, topped with bananas and sprinkled with powdered sugar 11.95
- REESES PEANUT BUTTER PANCAKES**
Sprinkled with powdered sugar 11.95
- OREO COOKIE PANCAKES**
Mixed with crushed Oreo cookies inside, sprinkled with powdered sugar 11.95
- NUTELLA HAZELNUT PANCAKES**
Buttermilk topped with fresh bananas and Nutella hazelnut spread 11.95



OUR FAMOUS FRENCH TOAST

All our French toast is sprinkled with powdered sugar
Served with sweet whipped butter & warm syrup.
Short stack 1.60 less. Whipped cream 2.15 extra

- ORIGINAL FRENCH TOAST**
Our homemade French toast dipped in egg, grilled to golden brown 7.45
- CINNAMON RAISIN FRENCH TOAST**
Cinnamon raisin bread dipped in egg and grilled to golden brown 8.95
- FLAKY FRENCH TOAST**
Our original French toast, breaded with corn flakes, dipped in egg and grilled to golden brown, sprinkled with almonds 8.95
- APPLE CINNAMON FRENCH TOAST**
Our original French toast topped with spiced apples and sugar cinnamon 8.95
- FRESH FRUIT FRENCH TOAST**
Choice of bananas, blueberries or strawberries on top 9.75
- MULTI-GRAIN FRENCH TOAST**
Thin sliced multi-grain bread, dipped in egg, toasted to a golden brown 7.95
- GLUTEN FREE FRENCH TOAST**
Thin sliced, multi-grain, gluten free bread, dipped in egg, toasted to a golden brown 10.95
- FRENCH TOAST NAPOLEON**
Topped with strawberries, bananas, walnuts and whipped cream 12.75
- BANANAS FOSTER FRENCH TOAST**
Topped with sautéed bananas in rum sauce, with a scoop of vanilla ice cream on top 12.75
- CINNABUN FRENCH TOAST**
Cinnamon bun split in half, dipped in eggs, toasted to a golden brown, drizzled with icing 11.95
- CHALLAH FRENCH TOAST**
Dipped in egg, toasted to a golden brown 11.95
- BRIOCHE FRENCH TOAST**
Dipped in egg, toasted to a golden brown 11.95
- NUTELLA HAZELNUT FRENCH TOAST**
Our original topped with fresh bananas and Nutella hazelnut spread 11.95

KID'S CLUB

For children under 12 years.

Served with small juice OR milk (no refill).

COOKIE MONSTER

Two slices of French toast with two strips of bacon
OR one sausage 7.45

BIG BIRD

One egg with two strips of bacon OR one sausage 7.45

BELLE

One egg cheese omelet 7.45

PAW PATROL

Two chunky monkey pancakes with chocolate chips
& bananas 7.45

ALADDIN

Peanut butter & jelly 7.45

MICKEY MOUSE

Two Pancakes with two strips of bacon OR one sausage 7.45

MINNIE MOUSE

Belgian waffle with syrup 7.45

GOOFY

Hot oatmeal OR cold cereal with bananas 7.45

CINDERELLA

Vanilla Greek yogurt with granola 7.45

JASMIN

Nutella hazelnut & banana sandwich 7.45

ON THE SIDE

HAM, BACON, or SAUSAGE 4.45

TAYLOR PORK ROLL 4.45

CANADIAN BACON 4.45

PHILADELPHIA SCRAPPLE 4.45

CORNED BEEF HASH 5.95

TURKEY BACON or SAUSAGE 5.95

FRESH FRUIT CUP 6.45

HOME FRIED POTATOES 5.25

HOT OATMEAL or GRITS 5.95

VANILLA GREEK YOGURT 5.95

With granola 6.45 • With fruit 7.95

FROM THE BAKERY

BUTTERED TOAST or HARD ROLL 2.75

ENGLISH MUFFIN 2.75

TOASTED BAGEL

With butter & jelly 3.45 • With cream cheese 4.75

ASSORTED MUFFINS 3.75

GRILLED STICKY BUN 3.75

BEVERAGES

BOTTOMLESS COFFEE

Regular or decaf coffee 2.75

POT of HOT TEA 2.75

HERBAL TEA or GREEN TEA 2.95

HOT CHOCOLATE

with whipped cream 2.95

ICED COFFEE 2.75

MILK

12oz. 3.45 16oz. 4.45

CHOCOLATE MILK

12oz. 3.75 16oz. 5.25

JUICES

Orange, cranberry, tomato, pineapple or apple

8oz. 2.95 12oz. 4.45



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YETTA

Please let your server know if you have any food allergies, not all ingredients are listed on the menu. Not responsible for lost or stolen articles.
We reserve the right to refuse service to anyone. Prices subject to change without notice. All substitutions charged a la carte.
Pictures for illustration purposes. We accept all major credit cards.